

# Guardian Angel Wellness

Angela K. Patterson-Tetuan, MSN, APRN, PMHNP-BC  
Psychiatric Mental Health Nurse Practitioner  
Mental Health Advocacy & Education

## ### CALL SCRIPT

Hi, my name is \_\_\_\_\_ and I live in \_\_\_\_\_.  
(Your city is enough — no need to share your full address.)

I'm calling today because mental illness is not treated with the same  
urgency, respect,  
or protections as physical illness, and it's harming our communities.

I'm asking you to support policies that:

- Ensure mental health is treated as essential healthcare
- Protect people living with mental illness from discrimination
- Increase funding for prevention, crisis intervention, and early support
- Expand access to culturally competent and trauma-informed care

This is not a political issue — it's a human one.  
Mental illness ≠ weakness. And no one deserves to struggle alone.

Thank you for your time, and for making this a priority.