

Guardian Angel Wellness

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EMAIL TEMPLATE

Subject: Supporting Mental Health as Essential Healthcare

Dear [Representative/Senator/Decision-Maker Name],

My name is _____, and I live in _____.

I'm writing because mental illness continues to be treated differently than physical illness — socially, medically, and legally — even though both impact the lives of people across every community.

I am asking you to support policies that:

- Protect individuals with mental illness from discrimination
- Expand access to affordable, trauma-informed, culturally competent care
- Treat mental health services as essential healthcare
- Increase funding for prevention and early intervention programs

Mental illness ≠ weakness.

It is a human experience, not a personal failure.

These policies save lives, strengthen communities, and reduce long-term healthcare burdens.

Please make mental health a priority in your current and future decisions.

Thank you for your leadership and your time.

Sincerely,
[Your Name]